

## Cross Country - Fall 2007

### Team Photo



### Description

#### 2007 Season Wrap-up

By all accounts, this co-ed varsity cross-country season was a success. We had the largest team in recent memory—18 boys and 8 girls—led by two excellent captains in Vytas Kriskus and Margot Cutter. It was a pleasant autumn in New Hampshire and we were able to take full advantage of the beautiful scenery in the area. Long-distance runs on Mondays and speed hikes on Saturdays allowed us to explore Campton Bog, Welch and Dickey mountains, Fox Park, and Rattlesnake Mountain, just to name a few. Variety Thursdays allowed the team to engage in competition off the running course; ultimate Frisbee was especially popular, but soccer was also a hit. Highlights of the season include swimming in Mad River after a sweaty hike up Welch and Dickey, a delicious post-meet dinner at the Tyler's, roller-skiing, and harvesting wood with Mr. Kendall for the annual bonfire.

When we weren't training hard and having fun, we were busy winning meets. The girls were led by the returning NEPSAC champion, Margot Cutter, but benefitted from such new additions as Kelsey Nichols, Laura Cote and Tasha Rivard. Not only did they dominate the Lakes Region, but the girls finished third in New England, with Cutter, Nichols and Cote finishing with All-New England status. The boys were able to establish a formidable pack (Ian Nesbitt, Scott Nelson, Bennett Hrabovsky, Sumner Ford, Nate Fuller, and Matty Chartrain) behind the number one runner in the Lakes Region, Vytas Kriskus. By the season's end, the boys took second place in the region and Vytas was named to the All-New England squad.

### Roster

Christopher Borsoi (2009)  
 Christopher Chartrain (2009)  
 Matthieu Chartrain (2010)  
 James Cooney (2009)  
 Laura Cote (2009)  
 Margot Cutter (2008)  
 Nicholas Dellenback (2011)  
 Sumner Ford (2009)  
 Nathaniel Fuller (2009)  
 Jeffrey Gordon - Johnson (2010)  
 Christopher Griik (2009)  
 Rebecca Hildreth (2009)  
 Bennett Hrabovsky (2009)  
 Caroline Kemp (2010)  
 Vytautas Kriskus (2008)  
 Julien Moreau - Giroux (2011)  
 Scott Nelson (2010)  
 Ian Nesbitt (2009)  
 Kelsey Nichols (2009)  
 Abe Noyes (2011)

### Coaches

Michael Carrigan  
 Lindley van der Linde '89

Anastasia Rivard (2009)  
James Rosenfield (2009)  
Jack Saba (2010)  
Alex Simes (2008)  
Aubrey Tyler (2010)  
Wouter van der Eng (2008)  
Haley Wilich (2008)

### **Schedule**

#### **9/19/2007 (3:15 PM) - Holderness Meet (Home)**

Boys Team :1st, Girls Team: 1st - Thank you to all who came out today to support the runners in their first 5k race against Tilton, Brewster and New Hampton. Both the boys and girls teams placed first! I'd like to especially commend Vytus Kriskus (1st), Ian Nesbitt (3rd), Scott Nelson (4th), Bennett Hrabovsky (8th), Sumner Ford (9th), and Mathew Chartrain (10th) for their individual achievements today. Kudos to the girls for your results. Margot Cutter placed 1st, Kelsey Nichols finished 2nd, Tasha Rivard was 4th and Becca Hildreth, Haley Wilich and Aubrey Tyler placed 6th, 7th and 8th respectively. Congratulations to all team members for completing your first race in style! Please wish the entire team luck at the Lakes Region event next week at KUA.

Special thanks to those who volunteered to help run the race (Mike Barney, Janice Dahl, Doug Kendal and John Teaford). The race would not have been such a success without your help. Student volunteers included Haley Hamblin, Ryanne Haskel, Chris Elliot, Andrew Hacker and Landry Frei.

#### **9/26/2007 (3:15 PM) - KUA Meet (Away)**

#### **10/3/2007 (3:15 PM) - NHS Meet (Away)**

#### **10/10/2007 (3:15 PM) - Holderness LR Meet (Home)**

#### **10/17/2007 (3:15 PM) - Brewster Meet (Away)**

1st/2nd - The running team traveled to Brewster today for a tri-meet against Brewster and Cardigan. The boys team finished first with Vytus Kriskus in first, Ian Nesbitt in second and Scott Nelson in fourth. CJ Chartrain had his best race of the season finishing tenth! The girls team had a 2nd through 6th place sweep with Laura Cote in second, Tasha Rivard in third, Haley Wilich in fourth, Aubrey Tyler in fifth, and Caroline Kemp in sixth. Overall the Brewster girls beat our girls by two points! What a great day for a race. Thanks to the entire team for pushing themselves to their fullest.

#### **10/24/2007 (3:15 PM) - Vermont Meet (Away)**

#### **10/31/2007 (3:15 PM) - Proctor LR Championships (Away)**

1st/3rd - Girls: 1st place overall: Kelsey Nickols 3rd, Tasha Rivard 4th, Laura Cote 7th--these girls received All Lakes Region honors for placing in the top ten at the Championships.

Boys: 3rd overall: Vytas Kriskus 1st place and Lakes Region Champion, Ian Nesbitt 9th, Scott Nelson 13th, Sumner Ford 20th, Nate Fuller 24th. Vytas and Ian received All Lakes Region honors for placing in the top ten at the Championships.

#### **11/10/2007 (TBA) - NEPSAC Championships (Away)**