

## Cross Country 2004 - Fall 2004

### Team Photo



### Description

#### Fall 2004 Season Recap

The co-ed varsity cross country team enjoyed a wonderfully successful season this fall, because of the efforts of all of the athletes. However, special thanks are due to tri-captains Carrie Piper, Susie Griffin, and J.J. Hall for their contributions as competitors and as leaders.

Despite a few injuries and illnesses, the boys had a tremendously successful season. The boys won the Lakes Region Championship race, a share of the Lakes Region Title, and a very strong 4th place finish at New England's. Of particular note was the performance of J.J. Hall, who earned 3rd place at the Lakes Region Championship Race, and more impressively, New England's. While J.J.'s leadership and talent will be missed, he is one of only two varsity runners graduating this year; so the boys are already looking forward to a promising season next fall.

Despite small numbers and a series of injuries, the girls battled to win second place in the Lakes Region Conference. While the talents and guidance of seniors Carrie Piper, Susie Griffin, and Liz Kutch will be missed, the team is encouraged by the efforts and potential of Margot Cutter. Only a ninth-grader, she was 4th in a very fast Lakes Region Championship race.

Looking ahead to next year, the team is fortunate to only be graduating six seniors; however, the presence of the tri-captains and Liz Kutch, Erin Connery, and Patrick Rodden will be greatly missed. On the bright side, the team is looking forward to working together under the leadership of future captains Tai Haluszka, Ben MaWhinney, and Nate Winebaum.

### Roster

Zachariah Aziz (2007)  
 Luc Brodhead (2006)  
 Erin Connery (2005)  
 Alasdair Cunningham (2007)  
 Margot Cutter (2008)  
 Susan Griffin (2005)  
 Justin Hall (2005)  
 Taisa Haluszka (2006)  
 Bruce Hamlin (2006)  
 Elizabeth Kutch (2005)  
 Jeremy Larrere (2008)  
 Reed Laverack (2006)  
 Andrew Lee (2006)  
 Lincoln Lucas (2008)  
 Dustin Maury (2007)  
 Benjamin MaWhinney (2006)  
 Benjamin Mitchell-Lewis (2006)  
 Caroline Piper (2005)  
 Steven Potter (2007)  
 Cameron Riley (2007)  
 Patrick Rodden (2005)  
 John Straus (2006)

### Coaches

Wilson Everhart  
 Erica Lipps

Benjamin Tyler (2007)  
Samuel Weaver (2006)  
Nathan Winebaum (2006)

### **Schedule**

#### **9/22/2004 (3:15 PM) - Holderness Meet (Home)**

Results - The Holderness Cross Country team hosted its first race of the season and came away in first place in both boys' and girls' competition. -

The Holderness boys' team went 1-2-3 as Captain JJ Hall, Zach Aziz, and Nate Winebaum led the Bulls over a deep field consisting of Tilton, Brewster, and New Hampton runners.

The Holderness Girls' team was led by Captains Carrie Piper '05, Susie Griffin '05, and first year runner Margot Cutter '08. They too defeated teams from Brewster, Tilton, and New Hampton.

The next race will be on Wednesday, Sept. 29 at Cardigan Mountain School.

[Results in Excel format](#)

#### **9/29/2004 (3:15 PM) - Lakes Region Meet (Cardigan)**

2 of 9 - Unofficially, both the girls' and boys' teams took second place today. VA appears to have won the boys' meet and New Hampton the girls' meet. As soon as official results are processed, they will be posted on this site..

If you, as a parent, friend, or family member, would like results emailed to you, please send your email address to [Wilson\\_Everhart@holderness.org](mailto:Wilson_Everhart@holderness.org)

There is a discrepancy between the schedule posted on the website and the printed schedule in regards to next week's race. Our next race will be held on October 6th at New Hampton School. We will not be racing at Cardigan as is printed on the schedule.

[Results in Excel format](#)

#### **10/6/2004 (3:30 PM) - NHS (New Hampton)**

1 of 4 - While the official results are still being tallied, it is clear that the Holderness runners turned in a dominant performance today.

The girls swept the race placing 1st, 2nd, and 3rd. Captains Carrie Piper '05 and Susie Griffin '05 turned in their strongest performances of the year, and Margot Cutter '08 won her first race of her running career. In the process, the girls beat Lakes Region rival, a feat they hope to accomplish again in future races.

The boys also did well, as they placed 1st, 2nd, 3rd, 5th, and 6th. Congratulations to Zach Aziz '07 for his first victory of his running career.

Holderness will be racing next against the entire Lakes Region on Wed. October, 13 @ Brewster.

[Results in Excel format](#)

#### **10/13/2004 (3:15 PM) - Lakes Region Meet (Brewster)**

2 of 9 - Once again, the Holderness runners were narrowly defeated at Wednesday's Lakes Region Meet.

On the girls side, Holderness fell to Proctor despite several strong performances, especially from Liz Kutch '05.

On the boys' team, while Zach Aziz '07 and Captain JJ Hall '05 continue to reel in the top Lakes Region runner from KUA, the boys still fell (barely) to a strong team from Vermont Academy.

Despite losing by a narrow margin on Wednesday, the Holderness runners are ultimately preparing for the final two races of the season. As you can see in the results posted below, there are many reasons to believe that the Holderness runners will once again finish the season well.

[Results in Excel format](#)

#### **10/20/2004 (3:15 PM) - Brewster (Away)**

1 of 3 - Both teams were victorious today. The boys were led by Captain JJ Hall '05, and Margot Cutter '08 won the girls' race.

#### **10/27/2004 (3:15 PM) - Lakes Region Meet (Holderness)**

2 of 7 -

[Results in Excel format](#)

(Click on the corresponding worksheet to see boys and girls results)

**11/3/2004 (3:15 PM) - Lakes Region Championships (Proctor)**

**11/13/2004 (TBA) - NEPSACs (Roxbury Latin)**